# Minutes of the General Assembly of the Diabetes and Nutrition Study Group

# 41<sup>st</sup> International Symposium on Diabetes and Nutrition, Uppsala, Sweden, June 27<sup>th</sup>- 30<sup>th</sup>, 2024

<u>Board members present</u>: Cyril Kendall, Hana Kahleova, Charilaos Dimosthenopoulos, Jordi Salas Salvadó, John Sievenpiper, Anne Raben, Maria Lankinen, Andrew Reynolds and Ursula Schwab.

The General Assembly convened 30th June at 17:30.

## Welcome

The members were welcomed by the Chairperson, Cyril Kendall, to the 41th General Assembly of the DNSG. The Chairperson also thanked and congratulated Ulf Risérus and the Swedish organizers for putting on a wonderful meeting.

## 1. Financial Issues

The DNSG no longer has a bank account as the Danish account was closed last year and the remaining proceeds used to fund some of the student awards at the Athens 2022 meeting. Organizers of the annual meeting will be responsible for providing fees for maintaining the DNSG website. It was discussed that a fee of membership would help, but all the Board agreed that this would be very difficult especially for young scientists and was rejected.

#### 2. DNSG Outreach

- **Egyptian Society of Diabetes and Lipidology 2023 & 2024**: two members of the DNSG Board (Charilaos Dimosthenopoulos and Maria Lankinen) participated in the scientific program of the DIAEGYPT 2023 of the Egyptian Society of Diabetes & Lipidiology, in Cairo, Egypt on October 11<sup>th</sup>-13<sup>th</sup>, 2023. This year Charilaos Dimlosthenopoulos and Anne Raben will participate with two talks in a DNSG session in the DIAEGYPT 2023 of the Egyptian Society of Diabetes & Lipidiology, in Cairo, Egypt on October 2<sup>nd</sup>-4<sup>th</sup>, 2024.

-Collaboration with ESPEN (European Society of Enteral & Parenteral Nutrition): Rocco Barazzoni (President of ESPEN) gave a talk at the session 7: Nutrition Support for diabetes in Hospital: DNSG-ESPEN joint Session during the 41th DNSG Symposium.

The GA agreed that these 'DNSG Outreach' initiatives were useful and helpful in promoting the group. The GA also agreed that the collaboration with the ESPEN should be pursued.

# 3. Membership & New Members:

Since 2023, the new membership requirement permits:

- 2 presentations or
- 1 presentation plus attendance at 1 additional meeting or
- attendance at 3 meetings

The proposal was approved by the General Assembly in Pula.

The Chair emphasized the need to bring in new members and suggested reaching out to researchers from countries that are under-represented at recent annual meetings, and helping students attend the annual meeting by providing a discounted registration cost.

There were several new applicants for membership:

- 1. Mai, Knut (Germany)
- 2. Spomenka Ljubic (Croatia)
- 3. Bettina Schuppelius (Germany)
- 4. Maria Angeles Martinez Rodriguez (Spain)
- 5. Nancy Elvira Babio Sánchez (Spain)
- 6. Christopher Marinangeli (Canada)
- 7. Nadine Alkhoury (Spain)
- 8. Ulla Tolonen (Finland)
- 9. Vasanti Malik (Canada)

#### 4. DNSG Honorary Member to Angela Rivellese

All Board members decided to honor Angela Rivellese for her contribution to the DNSG. All members agreed and congratulated Angela for her contribution and achievement.

#### 5. DNSG Website Update

The website domain has been changed to: https://dnsg-studygroup.eu. Jordi Salas-Salvadó and his team in Spain have updated and vastly improved the DNSG website page over the last few years. They did a very good job on that and all the board members thanked them. The new DNSG Dietary guidelines and references to all Systematic Reviews and Meta Analyses that have been commissioned by the DNSG for the guidelines are now included on the website. The organizers of the annual meeting are responsible for providing fees for maintaining the DNSG website, the website domain costs 300 Euro/ year.

#### 6. Guidelines Update

It was discussed that a follow-up to the printed guidelines should be undertaken and the "living guidelines" would be developed. The "living guidelines" would allow for the updating of the guidelines on the DNSG website on a regular basis. There was a proposal for adding clinical questions on general items e.g. fasting with a length of 5 pages added. The "living guidelines" will be led by the DNSG Executive, the Board and Jeffrey Mechanick and will follow the AACE/ACE process.

#### 7. Future DNSG Symposia

The Board agreed to and confirmed the following sites/organizers for upcoming annual meetings:

2025: Ottawa, Canada, organized by Cyril Kendall and John Sievenpiper.

2026: Spain,\_organized by Jordi Salas Salvadó.

2027: Finland, organized by Ursula Schwab and Maria Lankinen.

2028: ? (Croatia, Germany, Norway, Italy)

#### 8. Student Award Winners

The following student awards were presented at the gala dinner during the evening following the general assembly.

Young Investigator award: Sebastian Åberg (Sweden) Travel grant: Yakima Vogtschmidt (UK) Best Long Oral presentation: Meaghan Kavanagh (Canada) Best Short Oral presentation: Nil Novau Ferre (Spain)

# 9. Board Members

- Chair: Cyril Kendall (Canada)
- Vice Chair: Hana Kahleova (USA/Czech Republic)
- Scientific Secretary: Charilaos (Haris) Dimosthenopoulos (Greece)
- Communications Officer: Jordi Salas Salvadó (Spain)
- Member: Maria Lankinen (Finland)
- Member: Anne Raben (Denmark)
- Member: Andrew Reynolds (NewZealand)
- Member: John Sievenpiper (Canada)
- Past Chair: Ursula Schwab (Finland)

All Board Members were elected/renewed in 2022 for a 3-year term, except for John Sievenpiper who was renewed in 2023 for a 2-year term. The dates of all Board Member terms are now synchronized, and in the future all Board Members will be elected/renewed every three years.