

DNSG 2024

41ST International Symposium on Diabetes and Nutrition
Uppsala, Sweden (June 27th-30th, 2024)



Additional information

KEY TOPICS

Precision medicine in nutrition and cardiometabolic research
Scientific rigor in nutrition research and evidence assessment: Strengthening causal inferences in nutritional epidemiology
Ultra-processed foods (UPF): Opportunities, pitfalls, and research needs
Role of dairy foods in type 2 diabetes and cardiovascular disease
Carbohydrate quality: Expanding the definition beyond intrinsic fibre and whole grains
Dietary clinical trials update in diabetes and cardiovascular disease
Prevention of diabetes and its cardiometabolic complications
Nutrition support for diabetes in hospital: DNSG-ESPEN session
Management of diabetes and cardiometabolic complications

ABSTRACT SUBMISSION

Deadline: April 1, 2024 (extended) - Abstracts should be sent by e-mail to: dns2024@gmail.com

ABSTRACT FORMAT

1 page A4, maximum word count 300 words (excl. title and authors).
Arial 12 point font size.
Study title in bold font.
List all coauthors, and underline the presenting author.
State main affiliations.

Use the following headings, in bold font:

- **Background**
- **Aims**
- **Methods**
- **Results**
- **Conclusions**

REGISTRATION

Registration: <https://www.trippus.net/DNSG/Registration>

Deadline: 8 April, 2024 (Extended)

Registration fees are found in the registration link.

For any questions regarding registration or your invoice please contact us at: info@novapark.se

Questions regarding the scientific symposium please email to dns2024@gmail.com

<https://dns2024-studygroup.eu/>

THE CONGRESS – GENERAL INFORMATION

VENUE

NOVA PARK CONFERENCE KNIVSTA

Gredelbyvägen 138, 741 71 Knivsta

<https://novapark.se/en/>

info@novapark.se

Localization: <https://maps.app.goo.gl/poLyhcefBZjWxSVk7>

2 minutes from Arlanda Airport

Easily accessible from Arlanda by taxi, airport, bus or train. We have fixed prices for journeys by Taxi.

15 minutes from Uppsala

Easily accessible from Uppsala by train, car or local bus. The bus stops right next to the hotel.

30 minutes from Stockholm

The Stockholm and Uppsala commuter trains (Upptåget and Stockholmspendeln) both stop at Knivsta station. If you are arriving by car, there is free parking at the hotel.



Welcome to Nova Park

We are excited to have you stay with us during the 41st Symposium of Diabetes and Nutrition and hope you have a comfortable and enjoyable visit. Throughout your stay, don't hesitate to reach out should you need anything. Our staff members are available all hours to assist you. All meals are included in your stay from 27th – 30th and served in the restaurant on the 1st floor according to the agenda below. Please note that we expect you to show at the reserved time for the meals. Should you not attend lunch or dinner please inform the front desk.

*** ALLERGIES, DIETARY RESTRICTIONS OR MEAL PREFERENCES ARE TO BE REGISTERED MINIMUM OF 24 HOURS BEFORE ARRIVAL. ANY CHANGES OR ADDITIONS MADE ON SITE ARE CHARGED.**

Please note that you won't be able to charge any food, drinks or other items to your room.
Everything is paid for directly through the front desk or the restaurant/bar.
We do not accept cash. only debit/credit cards.

Wednesday 26th June, 2024

(all meals on the 26th are at your own expense)

12:00 – 14:00 Lunch (*please reserve your table before arrival*)

18:00 – 22:00 Dinner (*please reserve your table before arrival*)

The bar closes at 01:00

Thursday 27th June, 2024

06:30 – 09:30 Breakfast

11:30 Lunch

16:00 Afternoon coffee with a selection of pastries

19:45 Welcome reception and dinner (*1 glass of sparkling wine and 1 glass of house wine included*)

The bar closes at 01:00 (*drinks are bought at your own expense*)

Thursday 27th June, 2024

06:30 – 09:30 Breakfast
 10:30 Morning coffee with bun and smoothie
 13:00 Lunch
 16:00 Afternoon coffee with a selection of pastries
 16:30 Excursion – Uppsala Tour (buses depart from the hotel at 16:35)
 20:00 Dinner (1 glass of house wine included)
 The bar closes at 01:00 (drinks are bought at your own expense)

Saturday 29th June, 2024

06:30 – 10:00 Breakfast
 10:30 Morning coffee with bun and smoothie
 12:30 Lunch
 16:10 Afternoon coffee with a selection of pastries
 20:00 Dinner (2 glasses of premium of wine included)
 The bar closes at 01:00 (drinks are bought at your own expense)

Sunday 30th June, 2024

06:30 – 10:00 Breakfast
 11 :00 Check out
 12:00 Departure

HOTEL CLOSING AT 12:00 (ALL GUESTS ARE EXPECTED TO DEPART FROM THE HOTEL AT 12:00)
***ALLI TAXIS AND AIRPORT TRANSFERS ARE TO BE RESERVED WITH DEPARTURE TIME AT 11:30**

WATER LOUNGE

Entrance to our lovely spa Water Lounge is included in your stay between the 27th and the 29th of June during opening hours. Our spa area includes an indoor jacuzzi, swimming pool, bar for refreshments and snacks, as well as two outdoor jacuzzi and plenty of lounge areas both indoors and outdoors.

You can choose to change into your robe and slippers in your hotel room or bring your robe to the changing room in the Water Lounge.

Swimwear are available for purchase at the front desk.

Opening times:

Morning: 07:15 – 09:00 (only indoor swimmingpool and sauna open)

Evening: 16:30 – 21:00

Please observe that we have a strict age limit in the Water Lounge of 18 years.

FITNESS

In the Water Lounge we have a fitness room which is accessible at the same time as the spa is open. There we have a treadmill, multifunctional weight machine, two fitness bikes and free weights.

Jogging tracks are available 15 minutes from us and we are happy to provide you with a map of the tracks and the surrounding area.

BICYCLES

We have four bikes that are free to borrow from the front desk.

OUTDOOR BATHING

There are two popular bathing spots in Knivsta in our lake Valloxen. Brunnbybadet is the smaller one and around 10 minutes away from us. Closer to Knivsta Centrum around 40 minutes walk from us you'll find Sarstabadet where there also is a minigolf course, a diving tower and a beach volleyball court. There are also buses that will take you there.

SUMMER GAMES

On our left patio you'll find a box with outdoor games. We recommend you to try out the classic Swedish game of kubb if you have time. Ask any Swedish attendees or staff members for the rules and they will all argue which rules are right. You will also find cornhole, outdoor yatzy and croquet near the box.

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BUSES AND TRAINS TO UPPSALA AND STOCKHOLM

Uppsala – Take bus 801 from Nova Park towards Uppsala

Stockholm – Walk to the Ar-Bus Terminal (5 min).

Take bus 102 towards Knivsta Station. From Knivsta Station you can get SL Pendeltåg, SJ Regionaltåg or Mälartåg. All the trains depart frequently during the day until around 23:00.

Please observe that there are different ticket systems for all three trains. For the SL Pendeltåg you also need to buy the UL + SL combination ticket.

Arlanda Airport – Take bus 801 from Nova Park towards Arlanda.

AIRPORT TRANSFER AND TAXI

Please reserve your taxi in good time, preferably email us before your arrival to reserve your airport transfer. Taxis booked on the go might take up to 40 minutes to arrive. For reservations of 5 or more persons a reservation need to be made at least 24 hours before departure.