



Minutes of the Annual General Assembly of the Diabetes and Nutrition Study Group

42ND INTERNATIONAL SYMPOSIUM ON DIABETES AND NUTRITION, OTTAWA, CANADA

JUNE 24TH- 27TH, 2025

Board members present: Cyril Kendall, Hana Kahleova, Charilaos Dimosthenopoulos, Jordi Salas Salvadó, John Sievenpiper, Maria Lankinen, Andrew Reynolds and Ursula Schwab.

Anne Raben was absent.

The Annual General Assembly (AGA) convened on June 27th, 2025, at 15:15.

Welcome

The members were welcomed by the Chairperson, Cyril Kendall, to the 42nd Annual General Assembly (AGA) of the DNSG.

1. Financial Issues

The DNSG no longer has a bank account as the Danish account was closed in 2022, and the remaining proceeds used to fund some of the student awards at the Athens 2022 meeting. Organizers of the annual meeting are now responsible for providing fees for maintaining the DNSG website.

2. DNSG Outreach

IUNS-ICN Meeting (August 24-29, 2025) in Paris, France 2025: The DNSG will organize a satellite symposium at the upcoming 23rd International Congress of Nutrition of IUNS.

EASD 61st Annual Meeting (September 15-19, 2025) in Vienna, Austria. The DNSG will organize a satellite symposium at the upcoming EASD annual meeting.

Egyptian Society of Diabetes and Lipidology Annual Meeting: Two members of the DNSG Board (Charilaos Dimosthenopoulos and Anne Raben) participated in the scientific program of the DIAEGYPT 2024, the annual meeting of the Egyptian Society of Diabetes & Lipidology, in Cairo, Egypt in October 2024. This year Charilaos Dimosthenopoulos and Andrew Reynolds will participate with talks in a DNSG session at DIAEGYPT 2025 in Cairo, Egypt on October 1-3, 2025.

Collaboration with ESPEN (European Society of Enteral & Parenteral Nutrition): The DNSG continued its collaboration with ESPEN at this year's annual meeting by holding a joint session entitled 'Optimising glycemic control through diabetes specific formulas and meal replacements: A joint DNSG-ESPEN session', with presentations by Jeffrey Mechanick, Rocco Barazzoni (ESPEN past-Chair), and Ian Neeland.

3. Membership & New Members:

At the 2023 AGA in Pula, Croatia, the Chair, Cyril Kendall, emphasized the need to bring in new members and suggested reaching out to researchers from countries that are under-represented at recent annual meetings. He also suggested helping students to attend the annual meeting by providing a discounted registration cost. Furthermore, he suggested loosening the requirements to make it easier for new members to join. The following new membership requirements were proposed and unanimously approved at the AGA in Pula:

- 2 presentations; or
- 1 presentation plus attendance at 1 additional meeting; or
- attendance at 3 meetings

The group has added ~10 new members annually since this time. There were several new applicants for membership this year. The following meeting participants were welcomed as new members at the AGA:

1. Rocco Borazzoni (Italy)
2. Madeline Erlich (Canada)
3. Karen Della Corte (USA)
4. Clemens Wittenbecher (Sweden)
5. Gabrielle Viscardi (Canada)
6. Sangeetha Shyam (Spain)
7. Diana Ghidanac (Canada)
8. Sonia Blanco Mejía (Canada)
9. Lutgarda Bozzetto (Italy)

Following the AGA, three participants indicated that they also wished to become members. They met the membership criteria and were also welcomed as new members.

10. Josephine Dudzik (USA)
11. Benoit Lamarche (Canada)
12. Andrew Brown (USA)

4. DNSG Website Update-advertisement of the DNSG and our symposia

The website domain has been changed to: <https://dnsg-studygroup.eu>. Every year the organizers of the annual meeting are responsible for providing fees for maintaining the DNSG website (the website domain costs 300 Euro/ year). It was discussed that it is important to advertise our Group and our annual symposia more systematically in various scientific associations.

5. Dietary Guidelines Update

Prior to the AGA, Jeffrey Mechanick and Laura Chiavaroli gave a presentation on dietary guidelines update and development of a living guidelines. They outlined the guideline development principles and procedures. It will be led by the Executive, Board, Jeff Mechanick and Laura Chiavaroli and will follow the AACE/ACE process.

6. Diabetes Sarcopenia Paper

The Reference Groups (ESPEN and DNSG of the EASD) have written a joint position paper entitled 'Sarcopenic Diabetes is an Under-Recognized and Unmet Clinical Priority A call for Action from the European Society for Clinical Nutrition and Metabolism and Diabetes Nutrition Study Group'. The paper will be submitted for publication shortly, with the intent to have it co-published in both **Clinical Nutrition** and **Diabetologia** (official journals of ESPEN and DNSG, respectively).

7. Future DNSG Symposia

The Board agreed to and confirmed the following sites/organizers for upcoming annual meetings:

- 2026: Spain, organized by Jordi Salas Salvadó.
- 2027: Finland, organized by Ursula Schwab and Maria Lankinen.
- 2028: Italy (organized by Lutgarda Bozzetto, Livia Augustin, Rocco Barazzoni)
- 2029: ? Croatia or Norway

8. Student Award Winners

The student awards were voted on by the Board. The following student awards were presented at the gala dinner during the evening following the AGA.

- Young Investigator award: Sabrina Ayoub-Charette (Canada)
- Travel grant: Josephine Dudzik (USA)
- Travel grant: Hector Vasquez-Lorente (Spain)
- Travel grant: Gabriel Viscardi (Canada)

9. Board Membership and Members

At the 2023 AGA in Pula, Croatia, the Chair, proposed that going forward all Board positions would be appointed/elected every 3 years in a synchronized manner, to allow for a more seamless progression and transition of the Board. This proposal was unanimously approved at the AGA in Pula.

The synthesis of the new **Executive** presented to the General Assembly was:

- a. Chair: Hana Kahleova (Czechia/USA)
- b. Vice Chair: Jordi Salas Salvadó (Spain)
- c. Communications Officer: Charilaos (Haris) Dimosthenopoulos (Greece)
- d. Scientific Secretary: John Sievenpiper (Canada)
- e. Past Chair: Cyril Kendall (Canada)

Five members put their names forward for **Board** membership. Members were asked to vote for the four Board positions. The vote resulted in a tie for the fourth position. The Chair believed that given the important contributions of each of the prospective Board members, it was best to expand the Board to five members for the next 3-year term, after which the number of Board members would be revisited. The Chair put this proposal to the membership, which was approved unanimously.

The synthesis of the new **Board** presented to the General Assembly was:

- f. Member: Anne Marie Aas (Norway)
- g. Member: Laura Chiavaroli (Canada)
- h. Member: Stefan Kabish (Germany)
- i. Member: Maria Lankinen (Finland)
- j. Member: Jeffrey Mechanick (USA)

All Executive and Board Members were renewed/elected for a 3-year term (2025-2028).

10. Closing

The Chair thanked the past Chairs (Ursula Schwab, Ulf Risérus and Andreas Pfeiffer) in attendance, the Board members who had stepped down (Andrew Reynolds and Anne Raben), and all members, before closing the AGA.